

**The LORD is my shepherd;
I shall not want.**

— Psalm 23:1



Mass Schedule

Weekend Masses are 5:00 p.m. Saturday and 7:30 a.m., 10:00 a.m., and 12:00 Noon on Sundays.

Weekday Masses are at 8:00 a.m. except on National Holidays, when the time is 9:00 a.m.

Holy Days are celebrated at 7:30 p.m. the eve of the day and 8:00 a.m. and 7:30 p.m. on the day unless noted.

Sacrament of Penance

Saturday 4:00 - 4:45 p.m.

Sunday 7:00 - 7:15 a.m. and 9:30 - 9:45 A.M.



Stations of the Cross & Benediction

7:00p.m. In the Church

Adoration

Adoration begins after 8:00 a.m. mass on **Tuesdays**. It concludes at 8:45 p.m. with Perpetual Help Devotions and Benediction. In case school is closed because of inclement weather, adoration will also be cancelled.

Prayer Requests



To have your intention placed on our Parish Prayer Tree, call Jean Wilmes: 332.6831, or e-mail Kim Dyer at kadyr@centurytel.net.

Parish School of Religion (PSR)

Director: Jen Walkup, Ext: 283

Email: sttheodorepsr@yahoo.com

BEST

Angie Mutert sttheobest@yahoo.com

St. Vincent De Paul

636.332.9369 When the automated directory starts, push 7, leave a message.

St. Theodore Catholic Church

"As a faith-filled community, we grow in spirituality through prayer, respect for family, support of education and acceptance of all. By the wisdom of our past and the energy of God's Spirit for our future, we demonstrate being alive in Christ."

www.sainttheodore.org

Rev. Gary L. Vollmer, Pastor

E-mail: padrefrog@yahoo.com

Deacons:

Rev. Mr. Pat Rankin - patrankin@baue.com

Rev. Mr. Tom Rothermich - trothermich@gmail.com

Church Location:

5051 Highway P - Wentzville, MO 63385

Mailing Address:

P.O. Box 246 - Flint Hill, MO 63346

Phone Numbers:

332-9269 Main Campus;

639-1385 School office (also, parish office fax),

327-5115 (also, school fax)

**The Parish Office is located at 5085 Hwy P and is open
Monday—Thursday 7:30 a.m. until 4:00 p.m. and
Friday 8:00 a.m. until 12:00 Noon.**

Bookkeeper: Jane Bogart , extension 225

E-mail: sttheodore.church@centurytel.net

Parish Secretary/Bulletin Editor:

Julia Kettler, extension 226

E-mail: StTheodoreBulletin@gmail.com

Bulletin Deadline: **9:00 A.M. Mondays**

St. Theodore School

5059 Highway P - Wentzville, MO 63385

Principal: Ms. Clare Ortmeier, extension 222

E-mail: sttheodore.school@centurytel.net

School Secretary: Mrs. Rosemarie Friederich, ext. 221

e-mail: sttedoa@yahoo.com

Renting or Scheduling

Facilities Coordinator: Trish Dickherber, extension 223

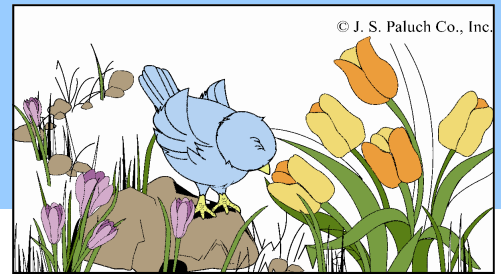
E-mail: sttedfc@yahoo.com

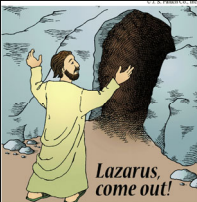
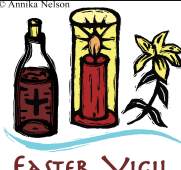
To rent or schedule use of the Parish Center/gym, school cafeteria, Fr. Schmidt Room, or the Teacher Work Room, you may send Trish an e-mail or call her.

Welcome to our parish! If you are visiting, we hope you enjoy your time with us. If you are new to our community and would like to join our parish, you may ask Fr. Vollmer for a registration packet or come by the Parish Office during the week to pick one up. You may also call or e-mail us and we can e-mail the information to you.

**March 30, 2014
4th Sunday of Lent**

April 2014



Sun	Mon	Tue	Wed	Thu	Fri	Sat
Pope Francis' Intentions: Ecology and Justice. That governments may foster the protection of creation and the just distribution of natural resources. Hope for the Sick. That the Risen Lord may fill with hope the hearts of those who are being tested by pain and sickness.		1	2	3	4 Faculty Mtg. /noon dismissal Parish Office Closed  Fish Fry 5:30	5 Cemetery Clean-up 9:00  Pro-Life 3rd Annual night at the Mouse Races 
6 5th Sunday of Lent  <i>Lazarus, come out!</i>	7 Girls Scouts FSR/ 6-7 4-H Café/7-8:30	8  SVDP PO/7-9:00	9 Quilting 6-10/FSR PSR 6:15-7:30 RCIA PO 7-8:30	10 K of C Mtg	11 Final Fish Fry 5:30-7:00  K of C Bar 6:30	12 Church Spring Cleaning 8:00 a.m. 
13 Palm Sunday   <i>TRULY, THIS WAS THE SON OF GOD!</i>	14  7:00 pm	15 Quilting FSR 9-2:00/ 6-10:00 Finance Board PO/7:00  FSR/7:00	16 PSR 6:15-7:30 RCIA PO 7-8:30	17 7:30 Service  © J. S. Paluch Co., Inc.	18 1:00 Service  Good Friday PO Closed	19 8:00 Service  Easter Vigil RCIA Reception
6th Grade Camping Trip				NO SCHOOL		
20 Easter Services 7:30 & 10:00 	21 4-H FSR 7-8:00	22 School Board Mtg TRW/ 6:00  Blood Drive 3-7	23 PSR 6:15-7:30	24 St. Theodore's Widow Ladies Dinner Club K of C Homeboard Mtg	25	26  1st Communion
27  <i>Jesus I Trust in You</i>	28 VBS meeting FSR/6:30	29 Parish Council PO/7:00	30 PSR 6:15-7:30	 © J. S. Paluch Co., Inc.		

Lent 5/April 5 & 6, 2014

	5:00 PM	7:30 AM	10:00 AM	12:00 PM
Lectors	Angie Basse	Suzie Horn	Georgette McGuire	Volunteers Needed
Gift Bearers	Doug Orf	Ken Goetz	Steve Smith	
Eucharistic Ministers	Doug Orf Susan Johnson	Jim & Becky Sachs	Patti Ballmann Teri Forbeck	
Servers	Evan Clausner Jessica Clausner Anna Bogart	Bailey Kemp Madelyn Roettger Jack Simon	Molly Wilmes Claire Eusterbrock Sophia Mutert	
Ushers	Leon Blattel Gary Brinker	Charlie Hepperman Paul Heppermann	David Forbeck Curt Hakenwerth	

General Funds Actual Contributions Received (3/23):

Envelopes:	8,273.00
Loose Plate:	218.00
Total Contributions:	8,491.00
Weekly Target Amount:	10,433.00
Over /Under Weekly Target:	-1,942.00
Needed YTD (38):	396,454.00
Received YTD:	354,441.66
Total Under Target YTD:	-33,118.74
Plus Holy Day Offerings YTD:	8,642.00
Special Collections: Catholic Relief	50.00
Other Revenues:	
Building Fund	1182.00
Cemetery Plot	800.00
Children's Offering	29.41
Easter Flowers	95.00
Maintenance Fund	756.00
Rental Fee	100.00
Votive Candles	6.00
BEST	700.00
Concessions	237.00

Thank You for Your Generosity!

Needed For Holy Week:

- **Holy Thursday:** gift bearers, 3-servers, & 2-ushers.
- **Good Friday:** 3-servers
- **Holy Saturday Vigil:** 3-servers and 2-ushers
- **Easter 7:30:** 1-server
- **Easter 10:00:** Lector, gift bearers, 1-server, 2-ushers

 * **CHARITY** *
 * If you truly want to help the soul of your *
 * neighbor, you should approach God first with *
 * all your heart. Ask him simply to fill you with *
 * charity, the greatest of all virtues; with it you *
 * can accomplish what you desire. *
 * --St. Vincent Ferrer *

Thank You

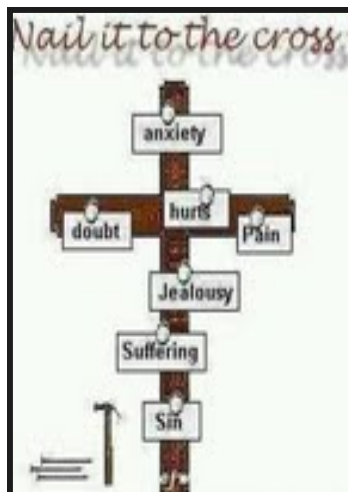
Many thanks to John & Monica Niederer for cutting down and removing the tree behind the church.

Also, thank you to John and Pat Hunn for painting in the rectory!

The Parish Office
will be



Friday, April 4th



School News

PHOTOS FROM 100TH ANNIVERSARY
CELEBRATION
Alums by Decade



If you haven't ordered your photographs yet, you have the opportunity to do so for the next six months. You can view and purchase the photos of alums who attended the 100th anniversary celebration as well as the candid shots taken on Nov. 9, 2013. Please go to www.trotterphoto.com and click on the following:

View/Order Photos

Schools

St. Theodore School

View Events & Candida

St. Theodore 100 Anniv 11-9-13

Enter the password 2013



From Fr. Gary's pen...

One of the disciplines of Lent is fasting. We fast so that we spiritually hunger for the heavenly feast that will satisfy all our hungers and desires. We also fast because we are to treat our bodies as temples of the Holy Spirit and end those cravings so we eat well and live better. God wants us to enjoy good health, both physically and spiritually. Here are a few Lenten tips to help us with our food cravings:

1. Recognize the purpose of food. God created food to nurture and sustain people's bodies. Food is fuel for the body and God never intended for people to struggle with food.
2. Unhealthy eating patterns can upset the right balance in your brain chemistry. If our brain chemistry is out-of-balance we can be prone to overeat and become addicted to food.
3. Ask the Holy Spirit to help you identify the patterns in your thoughts, feelings and behaviors that trigger you to overeat. What are you really craving for?
4. Seek healing from cravings by putting your faith into practice. God loves you unconditionally and completely and has given us a support group through the Church, the Body of Christ.
5. Recognize the differences between physical and emotional hunger. Emotional hunger leaves you feeling unsatisfied, ashamed and guilty. If you discover that you've been eating to fill emotional needs, remember that only God can reliably meet those needs.
6. Overcome temptation by changing the way you think. All of our actions (including overeating) begin in our thoughts. If you change the way you think, you can change the way you act including how you eat.
7. Seek peace from God. The peace that only God can give will empower you to develop healthy habits that will renew your mind, body and spirit.
8. Persistent attitudes such as anger, resentment, depression, and fear can also cause you to overeat. Write a therapeutic letter to help you face your pain and ask God to help you heal.
9. Develop a healthy food plan. Once you've identified those foods that trigger you to overeat (such as sugary, salty, or fatty foods), keep a food diary for a week, then ask the Holy Spirit to guide you as you create a plan for healthy eating and a well-balanced diet that gives you all the nutrition that you need.

READINGS FOR THE WEEK

Monday: Is 65:17-21; Ps 30:2, 4-6, 11-13b; Jn 4:43-54

Tuesday: Ez 47:1-9, 12; Ps 46:2-3, 5-6, 8-9; Jn 5:1-16

Wednesday: Is 49:8-15; Ps 145:8-9, 13cd-14, 17-18; Jn 5:17-30

Thursday: Ex 32:7-14; Ps 106:19-23; Jn 5:31-47

Friday: Wis 2:1a, 12-22; Ps 34:17-21, 23; Jn 7:1-2, 10, 25-30

Saturday: Jer 11:18-20; Ps 7:2-3, 9bc-12; Jn 7:40-53

Sunday: Ez 37:12-14; Ps 130:1-8; Rom 8:8-11; Jn 11:1-45 [3-7, 17, 20-27, 33b-45]

SAINTS AND SPECIAL OBSERVANCES

Sunday: Fourth Sunday of Lent

Tuesday: April Fool's Day

Wednesday: St. Francis of Paola

Friday: St. Isidore;
First Friday; Abstinence

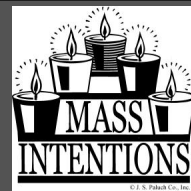
Saturday: St. Vincent Ferrer;



How often do we invest our time, talent and treasure in creating an appearance that does not matter at all to God? We strive to impress with our clothing, home, career, possessions, car and other marks of distinction. But none of these illusions of greatness will impress God. Instead, He will look into our hearts to see how much we loved Him, how much we loved others and how we showed that love by the way we used our time, talents and treasure here on earth.

Build a support system of people who will encourage you and hold you accountable. Did you notice that when you eat a meal with others you feel more full and satisfied than when you eat alone.

Hopefully, these tips will help us to develop healthy attitudes as we hunger for the Bread of Life during this Lenten Season and in our daily living!! Deo Gratius!!



Mass Intentions For the coming week

Monday 3/31

Living & Deceased
Members of the Herman
Dietrich Family

Tuesday 4/1

Living & Deceased
members of the St.
Monica Sodality

Wednesday 4/2

Eugene Rothermich

Thursday 4/3

Mary Jane Dickherber

Friday 4/4

Addie Rhodes

Saturday 4/5

5:00 PM

Brad Ballmann

Sunday 4/6

7:30 AM

Richard Feldewerth

10:00 AM

Marianne & Gerry
Hoffman

12:00 PM

People of the Parish



*"Not as man sees does
God see, because man
sees the appearance
but the Lord looks
into the heart."*

1 Samuel 16:7

QUILTING FRAME

Quilting Schedule: 2013-14 Quilt Committee:

Diane Sachs -636.327.6369

Theresa Rainey -636.887.4234

Karen Richter -636.327.8365

Pam Hepperman -636.673.2390 or 314-749-6143

Please call if you have a quilt top ready, if you want info on donating a quilt or quilt top, or if you would like to learn the fine art of quilting.

Quilting Schedule:

Due to Elections on Tuesday, quilting will be Wednesday, 6-10 p.m.

Quilting after school with students: Wednesday, 3-5:00.

Third Annual Night at the Mouse Races

**Benefiting the St Theodore Class of 2015
Prolife Trip to Washington D.C.**

**Saturday, April 5 Doors open at 6pm.
First Race begins at 6:30**

**Adult Only- must be 21 or over
Come and enjoy a great night....for a great cause!**

reisenbath@hotmail.com or call 636-346-8426 or

Jen at jenniferwilmes@msn.com or 636-262-0751

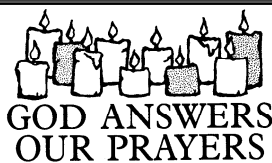


40 Days for Life

Sunday, April 6th, 7:00a.m.-1:00p.m.

St. Peters... at Mid-Rivers and Suemandy Dr, stand near Verizon Store.

All are welcome to join in this prayer vigil. Do not bring food. **Do not** bring signs, they will be provided.



Please pray for: Anne Happe, Jacob McGilvray, Sandra Ficken, Josh, Brooke & William Boyer, Ron Candrl, Larry Bogart, Nancy (Iffrig) Brown, Betty Gassel, and Martin Orf

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protections, implored thy help, or sought thy intercession, was left unaided. Inspired with this confidence, we fly to thee, O Virgin of Virgins my Mother; before thee I come; before thee I stand, sinful and sorrowful; O Mother if the Word Incarnate, despise not our petitions, but in thy mercy hear and answer us. AMEN.

To have your Parish Prayer Tree intention in the bulletin, call Jean Wilmes: 332-6831, or email Kim Dyer at kadyr@centurytel.net., or contact Julia in the Parish Office.



Knights of Columbus

Hall Rental: Contact Tom Daues at 636-332-0588

Council Email:
council@sttheodorekofc.org

Home Board Email:
homeboard@sttheodorekofc.org

K of C MTG: (2nd Thursday) 7:30 @ K of C Hall; during the summer, Cemetery Workday held on the 4th Thursday.

EVENTS

Fish Frys, 5-7:00 through 4/11; Benefiting Pro-life and FHAA

HELP WANTED

2014 PICNIC COMMITTEE

A volunteer is needed to replace Curt Heisserer on the Picnic Committee. He completed two years volunteering as an officer and has not yet found a replacement. If you would be willing to step up to the plate, please e-mail the parish office at sttheodore.church@centurytel.net or contact our picnic chairs Missy Wilmes, 636.639.6603 or Lori Schipper, 636.639.1705.



Donut Sunday Coordinator

Bob Klaus has been donating his time and graciously coordinating Donut Sunday for the parish for several years. He stepped down for a short time, but is now back. We are now looking for someone to coordinate and work with Bob with the tasks involved to run Donut Sunday. Your time would be needed only once a month on the second Sunday of each month. If you would be willing to help with this volunteer position, please notify the parish office or contact Bob Klaus at 636.887.4027 for more details.

Cemetery Beautification Project April 5th @ 9:00a.m.

Our Cemetery is in sad shape and needs a good spring cleaning! Volunteers are needed to cut and remove brush that is growing on the East side of the cemetery. Also, the winter decorations are deteriorating or have been rearranged by this winter's storms, so they need to be gathered and disposed.

If you have loved ones buried here and have special decorations, we suggest you remove them prior to April 5th clean-up project.

We need a team of volunteers to make this work less of a burden. Students that need service hours can help haul brush. All volunteers need to bring your own gloves and tools: axes, bush hooks, chain saws, pole saws, pitch forks, clippers...



In preparation for our Easter celebration and your child's upcoming special days (graduations and First Communion) it is tradition that the **Kindergarten, 2nd, & 8th grade families are asked to assist the Ladies Sodality in the annual spring cleaning of church.**

It will be held on Saturday, April 12th beginning at 8:00 a.m.

Save this Date!

Fundraiser for Jake McGilvery, parishioner



PLAY FOR JAKE

TRIVIA & SILENT AUCTION
FRIDAY MAY 9, 2014 7pm

MARYLAND HEIGHTS CENTRE
2344 McKelvey Road
Maryland Heights, MO 63043

TREASURES FROM OUR TRADITION

If there is such a thing as a Catholic "trademark" it is the sign of the cross, first traced on the senses of catechumens as they begin the journey to baptism, or on the forehead of an infant who is brought to the doors of the church at baptism.

As early as the third century, Christians were tracing the sign of the cross on their bodies. At first, the cross was traced on the forehead during times of prayer and daily occupations. We use a similar small cross today as we trace the cross over on the forehead, lips, and heart at the Gospel during Mass. Much later, the full-body sign traced from forehead to heart to shoulders took shape, perhaps copying the priest's gesture of blessing with the consecrated host during Mass. Today, this superb baptismal gift is a sign of belonging to Christ and the community, a way of focusing our attention, of asking for God's blessing, of tracing on our shoulders a willingness to find meaning in life's burdens. In the sign of the cross, we have an ever-available means of expressing gratitude for our baptism.

--Rev. James Field, Copyright (c) J. S. Paluch Co.

St. Vincent de Paul Church—Dutzow

Annual Palm Sunday

Chicken Dinner

Sunday, April 13, 11a.m.– 6:00p.m.

Buffet Style Dinner or Carry Out

Adults-\$10

children- \$4

Under 6– free

Carry out- \$10

Country Store, Cherry Booth, Wheel spin for Ham, Kids Games, also a Beer and Wine Garden.

13495 South Hwy 94

Marthasville, MO

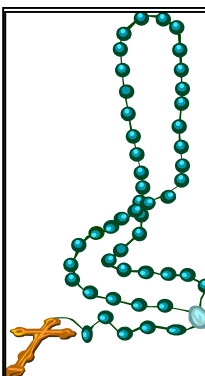
636.433.2678

www.svdutzow.org

Koinonia Retreat Weekend

for Divorced or Separated Catholics,

Friday, April 25 – Sunday, April 27, 2014 at Todd Hall Retreat Center, Columbia, IL; Cost \$110 includes room, double occupancy, and six meals. Call Carol at 314-775-1253 for brochure and registration.



Grandmothers Rosary

Grandmothers of St. Dominic students--Please join us for the Grandmothers' Rosary on Tuesday, March 4, 2014, from 9:00-10:00AM, at the Father Bob Lane Chapel at St. Dominic High School. The Grandmothers' Rosary will be prayed for the Students and faculty, and their families, every 1st Tuesday of the month at the Father Bob Lane Chapel.

New Melle Community Theater Presents:

PASSION PLAY

New Melle Sports & Recreation
New Melle, MO



Saturday, April 5th / 7:00 p.m.

Sunday, April 6th / 2:00 p.m. & 4:30 p.m.

Saturday, April 12th / 7:00

Sunday, April 13th / 2:00 & 4:30

Free Admission



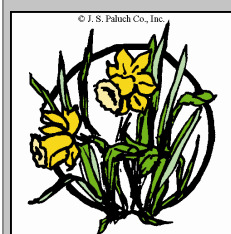
The Feast of the Divine Mercy Sunday, April 27, 2014 St. Joseph/Cottleville

2:30: Confessions (for those who didn't go during Lent)

Adoration, Rosary and Divine Mercy Chaplet

4:00 Holy Sacrifice of the Mass

Remember to start your Divine Mercy Novena on Good Friday!



Sacred Heart Church St. Ann's Sodality of Troy, MO is hosting their annual **Quilt Social** at the Knights of Columbus Hall, Hwy J in Troy, MO on **Sunday, April 6, 2014.**

Doors will open at 11:30 AM, Bingo begins at 1:00 PM. Food and refreshments will be provided for purchase.

There will be quilt games, money games, door prizes, pull tabs, Pot of Gold, raffles and fun.

Immaculate Conception Ladies Sodality of Old Monroe Spring Quilt Social Palm Sunday– 4/13/14 1:00 p.m.

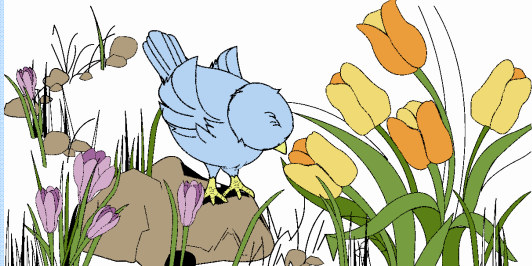
At the New Knights of Columbus Hall in Old Monroe. Across from the church on Maryknoll road.

Ages 26+ are welcome
Lunch stand opens at 11:30



April 2014



Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Allen Scott Katherine Milam	2 Jan Martell Kelly Flanagan Kendal Smith Kristen Meyer	3 Dominic Nardi Kaleb Bross Michelle Giebe	4 Crystal Benedict Halie Ward Nathan Bowman Patti Ballmann Patti Boehmer Stephanie Smith Susan Scott Wayne Baumbach	5 Caleb Norman Dion Wilson Libby Armour Jarod Sachs Jason Wiese Katherine Hercules Kelly Box
6 Jeffery Schipper Kaylee Gilbert Priscilla Klipfel	7 Angie Creech Christopher Downs Eric Burle Judith Lynch Nick Vehige Tom Bell Zachary Bodine	8 Carl Farrell Conner Brennan Elizabeth Hemmer Gabrielle Holmes Joey Burke Rick Frauenfelder	9 Claire Goldstein Judy Kliethermes Kristen Friedman Nicholas Candela Pat Raymer Patrick Oestereich	10 Andrew Beilman Braden Burthardt Chloe Niederer Julie Costephens Kelly Ruyle Samuel Flavin Tayler Chrismer	11 Ben Osterholt Brandon Franck Catherine Woolf Erik Meierant Gina Eagan	12 John Toler Nichole Frichtel
13 Annie Heppermann Becky Buechler John Bextermiller  © J. S. Paluch Co., Inc.	14 Alex Simon Harlen Rainey Jacob Burke Judy Boehmer Matt Vehige Trisha Loeffler	15 Anne Phillips Jim Dickherber Jim Hamilton	16 Cecelia Peine Henry Wilson Jay Brueggeman Johnathon Peine Joe White Logan Gnade	17 Abby Wanhoff Calvin Dickherber Collin Roettger Evan Wunnenberg Karlie Orf  © J. S. Paluch Co., Inc.	18 Lilly Menne Nolan Rivolta  © J. S. Paluch Co., Inc.	19 Charles Burkemper Cole Dickherber Conner Giebe Kayla Heady Claire Hirt Zoe Heady  © J. S. Paluch Co., Inc.
20 Caiden Thrall Charlie Dickens Eric Dubois Rhonda Wagner Suzie Horn Bill Hutson  © J. S. Paluch Co., Inc.	21 Aimee Roettger Carrie Kasten Emily Dubois Gen Liston Maegan Oestereich Richard Aubuchon Stephan Shucart Tayler Turpin Tom McGrail	22 Jack Bell Jimmy Flanagan	23 Christine Eastvold Emily Crews Jennifer Smith Lisa Alderson Samantha Brennan Vivian Hunsel	24 Garrett Jones James Sater Jim Rudden	25 Bailey Kemp Glen Bodine	26 Abigail Dennis Dany Kothe Jamie Niederer Katie Oestereich Matthew Heying
27 BreAnna Phillips Tina Armour Daniel Belarde Jim Brown Ted Rothermich	28 Bonnie Williams Debbie Rackers Jack Petty Kathy Kersting Russell Johns	29 Brett Stinson Dan Buls Gerard Orf Jeanne Bersett Bradley Hunsel Kenneth Soback Sean Hough	30 Evan Berkbuegler Greg Milam Michael Sachs Teresa Enloe	 © J. S. Paluch Co., Inc.		